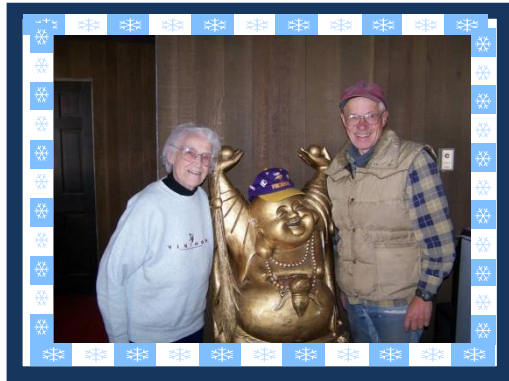


WEST JORDAN SENIOR NEWS

January 2012



MEET RON THOLE

You all probably remember Ron's mom Alma from experiencing her beaming smile, ready greeting and love of people. Ron's dad Clarence passed away in March of 2000 and he and his mom spent much of their time together after that. Alma and Ron, first came to the Senior Center several years ago when she fell in love with the Center, its people and would never turn down a cup of coffee and a breakfast roll. Ron would often use the Center's treadmill and Alma would use the exercise standing bicycle or just sit and watch him.

Ron and his parents were outdoors enthusiasts and spent time camping, fishing, hunting and touring much of the Western U.S., Canada and Alaska. He and his dad shot tournament archery and often went bow hunting. Ron held many U.S. tournament records and took a number of big game animals with the bow including record-book pronghorn antelope, bear, mountain lion, big horn sheep and white tail deer. He grew up in Minnesota and earned a B.A. in geology at the University of St. Thomas, in St. Paul, Minnesota. During his 46-year career, he was awarded many Fellowships. He earned a Ph.D., at the University of Rhodesia-London, and was able to travel to over 20 countries of the World, including Southern Africa. In that career, he was employed by the U.S. Geological Survey, Kennecott, Institute of Mining Research-Rhodesia, Utah, International-General Electric, BHP Ltd. as a geologist, and most recently as an Independent Consultant. He was transferred to Salt Lake City in 1986.

Recently, Ron and his mom had the opportunity to go on a gold project north of Elko, Nevada, near the Wild Horse Reservoir, based at a ranch previously owned by Bing Crosby, the crooner. Alma enjoyed being the only woman,

among the group of thirty geologists, mining engineers, camp cooks and drillers. Because of her love of Bing Crosby this experience always became a major source of conversation with friends.

Ron has led a **VERY** interesting life, and we've only touched on parts of it as space is limited here, but if you're interested, I'm sure if you ask Ron, he will be delighted to tell you about all the wonderful and interesting things he's done in his adult life. Ron never married but feels especially blessed to have had his parents with him for many years. His parents loved the people of West Jordan and while Alma could, she and Ron enjoyed the West Jordan Senior Center. People here made them feel at home

Sadly Alma suffered a heart attack last July and passed away at age 95. Ron continues to come to the Center to do what he and his mom use to do together, and he finds that doing so helps him cope.



"Cheers to the New Year and another chance to get it right!" ~Oprah Winfrey~

**WELCOME TO THE NEW YEAR 2012
DINNER JANUARY 18th**

**Ham, twice-baked potatoes,
and other delicious stuff!**



**PLUS, Entertainment by
Sherri James**

4:30 pm - \$5.00/Person



The person who says it can't be done, should not interrupt the person who is doing it.

"Wisdom comes with winters ~Oscar Wilde~

"My own business bores me to death – I prefer other peoples'" ~Oscar Wilde~



BECK'S LEATHERCRAFT CLASS

Every Friday at 10:30 a.m., something Fun happens in the room east of the dining room; our Creating with Leather and Crafts class. Seniors learn how to create useful projects from different types of leather. Organized and led by David Beck, owner of Beck Leather & Crafts 7884 South Redwood Road, this class focuses on making practical projects. All Seniors are given a 15% merchandise discount at Beck Leather & Crafts for personal or class projects.

Starting in January, anyone who would like to try our class, can make a genuine leather key ring or a genuine leather bookmark for free while discovering the fun of leather stamping. The use of all tools and leather is free as an introduction to this fun class.

Experience first-hand the fun in the craft room as you watch us create useful projects or even view a short DVD on how to do leather stamping. This past year, Earl Gates has completed several checkbook cover kits for his family and a cell phone case for himself. Dion Laney has made numerous children's purses for his grand-daughters, several belt ammo cases, and even a beautiful leather case for his wife. Dan designed and created two beautiful scripture holders and a belt by using a wood burner to do leather branding. Veldon has made leather pistol holsters, checks books, wallets, watchbands, and belts. Other class members have built handbags, cases, magic wallets, belts, pictures, billfolds, coin holders, purses, Christmas Ornaments, clocks, and numerous smaller items. A couple of our class members have even won ribbons at the county and state fairs. This is a great opportunity to discover the fun of Leathercraft.



PLEASE NOTE

OUR MONTHLY BIRTHDAY LUNCH IS BEING CHANGED FROM TUESDAYS TO MONDAYS -- OUR NEXT BIRTHDAY LUNCH WILL BE JANUARY 9TH



TRUDY TEASMAN

Trudy was born in Germany, and spent all of her adolescent years there during World War II.

She came to the United States at age 22, married and had three children. She made her citizenship before her husband's government job took them to Spain for 6 years. When they returned, she attended and graduated from Westminster College in Salt Lake City, then went to work as a coronary and oncology specialist for 43 years.

She is the grandmother of four, and has now been widowed for 26 years.

Trudy started exercising on an average of 8 hours per week, as soon as the new West Jordan Senior Center was built. From time to time, she has led various exercise classes, and is currently involved in assisting and teaching seniors' health and wellness issues.

She says she is loving life, and the camaraderie she experiences with others at the Senior Center just makes it all that much better. She says "together we are working on being the healthiest we can be, with an abundance of humor. She teaches yoga, tai chi, etc. at least 3 days a week at our Center. If you haven't yet met her, make it a goal.

Keep 'em going, Trudy!



Dennis the Menace By Hank Ketcham



"Did they have hospitals when you were born or were you homemade?"