

West Jordan Senior Center

July 2009

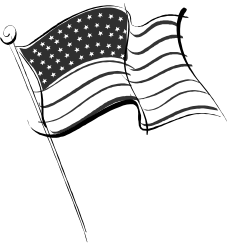

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Please note: All activities are subject to change. Please see the front desk if you have any questions.</p> <p>For a full description of classes please refer to our program guide available at the front desk.</p>		<p style="text-align: right;">1</p> <p>9:30 Oil /Acrylic Painting 9:30 Tai Chi 10:00 Pinochle/Crocheting 10:00 Scrabble 11:00 Fitness Fun 11:30 Sit and Dance 12:00 Open Computer Lab 1:00 Legal Consultations 1:00 Bridge / Wii 1:00 Wood Carving 1:00 Drama Group</p>	<p style="text-align: right;">2</p> <p>9:00 Fit & Trim 10:00 Quilting 10:00 Walking Group 10:00 Swedish Weaving 11:00 ESL 1:00 Bingo 2:30 Canasta</p>	<p style="text-align: right;">3</p> <p style="text-align: center;">Independence Day Observed Center Closed</p> 
<p style="text-align: right;">6</p> <p>9:00 Tai Chi 10:00 Beg. Line Dance 10:15 Shop at Wal-Mart 11:00 Pinochle-Open Play 11:00 Int. Line Dance 12:15 Pinochle Tournament 1:00 Party Bridge 1:30 Pottery</p>	<p style="text-align: right;">7</p> <p>8:30 Birthday Tuesday Wendover 9:00 Fit & Trim 9:00 Ceramics 10:00 Quilting 11:00 Sleep Help 11:00 ESL 1:00 Bingo 1:00 Cards 2:30 Canasta</p>	<p style="text-align: right;">8</p> <p>9:00 Haircuts 9:30 Oil /Acrylic Painting 9:30 Tai Chi 10:00 Scrabble 10:00 Pinochle/Crocheting 11:00 Fitness Fun 12:00 Open Computer Lab 12:30 Festival of Trees 1:00 Foods to Help Sleep 1:00 Bridge / Wii 1:00 Carving / Drama 2:00 Mystery Quilt</p>	<p style="text-align: right;">9</p> <p>9:00 Fit & Trim 10:00 Quilting 10:00 Swedish Weaving 10:00 Walking Group 10:00 Hand Massages 11:00 ESL 11:00 Blood Pressures 1:00 Bingo 2:00 Ice Cream Social 2:30 Canasta</p>	<p style="text-align: right;">10</p> <p>9:00 Ceramics 10:00 Harmonica 10:30 Leatherwork Class 11:15 Fitness Fun 11:00 Pinochle Open Play 12:15 Pinochle Tournament</p> <p style="text-align: center;">Christmas in July Sale</p>
<p style="text-align: right;">13</p> <p>9:00 Tai Chi 9:00 Haircuts 10:00 Beg. Line Dance 10:00 Financial Advisor 10:15 Shop at Wal-Mart 11:00 Pinochle-Open Play 11:00 Int. Line Dance 12:15 Pinochle Tournament 12:30 "Gin and Tonic" 1:00 Party Bridge 1:30 Pottery</p>	<p style="text-align: right;">14</p> <p>9:00 Fit & Trim 9:00 Ceramics 10:00 Quilting 10:00 Project Linus 11:00 ESL 1:00 Bingo 1:00 Cards 2:30 Canasta</p>	<p style="text-align: right;">15</p> <p>9:30 Oil/Acrylic Painting 9:30 Tai Chi 10:00 Pinochle 10:00 Scrabble 10:00 Crocheting 11:00 Fitness Fun 11:00 Harmonica Band 11:30 Sit and Dance 12:00 Buffet 12:00 Open Computer Lab 1:00 Wood Carving 1:00 Drama Group / Wii 1:00 Bridge</p>	<p style="text-align: right;">16</p> <p>9:00 Fit & Trim 10:00 Walking Group 10:00 Swedish Weaving 10:00 Quilting 11:00 ESL 12:30 Red Hats 12:30 Root Beer Floats 1:00 Book and Movie "The Ultimate Gift" 1:00 Bingo</p>	<p style="text-align: right;">17</p> <p>9:00 Ceramics 10:00 Harmonica 10:30 Leatherwork Class 11:00 Pinochle Open Play 11:15 Fitness Fun 12:15 Pinochle Tournament</p>
<p style="text-align: right;">20</p> <p>9:00 Tai Chi 10:00 Beg. Line Dance 10:15 Shop at Wal-Mart 11:00 Pinochle-Open Play 11:00 Int. Line Dance 12:15 Pinochle Tournament 1:00 Party Bridge 1:30 Pottery</p>	<p style="text-align: right;">21</p> <p>9:00 Manicures w/Jen 9:00 Fit & Trim 9:00 Ceramics 10:00 Quilting 11:00 ESL 1:00 Bingo 1:00 Cards 2:00 Quilt BOM 2:30 Canasta</p>	<p style="text-align: right;">22</p> <p>9:00 Haircuts 9:30 Oil/Acrylic Painting 9:30 Tai Chi 10:00 Scrabble 10:00 Pinochle/Crochet 11:00 Fitness Fun 12:00 Open Computer Lab 1:00 Drama Group 1:00 Bridge / Wii 1:00 Wood Carving</p>	<p style="text-align: right;">23</p> <p>9:00 Mountain Man Breakfast 9:00 Fit & Trim 10:00 Walking Group 10:00 Swedish Weaving 10:00 Quilting 11:00 ESL 1:00 Bingo 2:30 Canasta</p>	<p style="text-align: right;">24</p> <p style="text-align: center;">Pioneer Day Center Closed</p>  <p style="text-align: center;">Food Co-Op —></p>
<p style="text-align: right;">27</p> <p>9:00 Tai Chi 9:00 Haircuts 10:00 Beg. Line Dance 10:15 Shop at Wal-Mart 11:00 Pinochle-Open Play 11:00 Int. Line Dance 12:15 Pinochle Tournament 1:00 Advisory Council 1:00 Party Bridge 1:30 Pottery</p>	<p style="text-align: right;">28</p> <p>9:00 Fit & Trim 9:00 Ceramics 10:00 Quilting 11:00 ESL 1:00 Bingo 1:00 Cards 2:30 Canasta</p>	<p style="text-align: right;">29</p> <p>9:30 Oil/Acrylic Painting 9:30 Tai Chi 10:00 Fall Risk 10:00 Pinochle/Crochet 10:00 Scrabble 11:00 Fitness Fun 12:00 Open Computer Lab 1:00 Drama Group 1:00 Bridge / Wii 1:00 Wood Carving</p>	<p style="text-align: right;">30</p> <p>9:00 Fit & Trim 10:00 Walking Group 10:00 Swedish Weaving 10:00 Quilting 11:00 ESL 1:00 Bingo 2:30 Canasta</p>	<p style="text-align: right;">31</p> <p>8:30 Healthy Breakfast 9:00 Ceramics 10:00 Harmonica 10:30 Leatherwork Class 11:00 Pinochle Open Play 11:15 Fitness Fun 12:15 Pinochle Tournament</p>