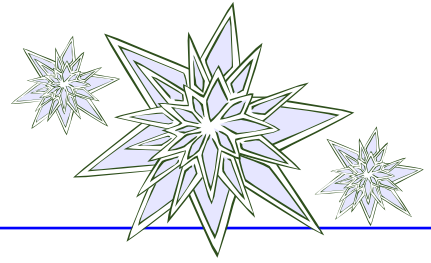


West Jordan Senior Center January 2012



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">2</p> <p>Happy New Year</p> <p>Center Closed</p> 	<p style="text-align: right;">3</p> <p>9:00 Fit & Trim 9:00 Ceramics 9:00 Walking Group 10:00 Beg. Computers 10:00 Quilting 10:00 Gentle Yoga 11:00 Kara Lynn Roundy 1:00 Bingo 2:30 Canasta</p>	<p style="text-align: right;">4</p> <p>9:30 Oil / Acrylic Painting 9:30 Tai Chi 9:30 Haircuts 10:00 Internet 10:00 Crocheting 10:00 Chair Massage 11:00 Fitness Fun 11:15 Sit and Dance 12:00 Open Computer Lab 1:00 Bridge 1:00 Wood Carving 3:00 UFO Quilting 6:00 SUP</p>	<p style="text-align: right;">5</p> <p>9:00 Fit & Trim 9:00 Wii Bowling 9:00 Walking Group 10:00 Quilting 10:00 Swedish Weaving 10:00 Gentle Yoga 11:00 Blood Pressures 11:00 Self Esteem 1:00 Enhanced Fitness 1:00 Bingo 2:30 Canasta</p>	<p style="text-align: right;">6</p> <p>9:00 Tatting 9:30 Tai Chi 10:00 Harmonica 10:00 Ceramics 10:30 Leatherwork 11:00 Fitness Fun 11:00 Pinochle Lessons 12:30 Pinochle Tournament</p>
<p style="text-align: right;">9</p> <p>Birthday Monday</p> <p>9:30 Tai Chi 9:30 Beg. Line Dance 10:00 Polymer Clay 10:00 Card Making 10:00 Int. Spanish 10:30 Int. Line Dance 11:00 Beg. Spanish 11:00 Pinochle Lessons 12:30 Pinochle Tournament 1:00 Bridge 1:00 Enhanced Fitness</p>	<p style="text-align: right;">10</p> <p>9:00 Fit & Trim 9:00 Ceramics 9:00 Walking Group 9:30 Haircuts 10:00 Beg. Computers 10:00 Quilting 10:00 Gentle Yoga 10:00 Project Linus 1:00 Bingo 2:30 Canasta</p>	<p style="text-align: right;">11</p> <p>9:30 Oil / Acrylic Painting 9:30 Tai Chi 10:00 Crocheting 10:00 Chair Massage 10:00 Internet 11:00 Fitness Fun 11:15 Sit and Dance 12:00 Open Computer Lab 1:00 Bridge 1:00 Wood Carving</p>	<p style="text-align: right;">12</p> <p>9:00 Fit & Trim 9:00 Wii Bowling 9:00 Walking Group 10:00 Quilting 10:00 Swedish Weaving 10:00 Gentle Yoga 11:00 Self Esteem 11:00 Blood Pressures 12:30 Red Hat Meeting 1:00 Enhanced Fitness 1:00 Bingo 2:30 Canasta</p>	<p style="text-align: right;">13</p> <p>9:00 Tatting 9:30 Tai Chi 10:00 Harmonica 10:00 Ceramics 10:30 Leatherwork 11:00 Fitness Fun 11:00 Pinochle Lessons 11:45 Change Your Luck Drawings 12:30 Pinochle Tournament 12:30 Legal Consultations</p>
<p style="text-align: right;">16</p> <p>Martin Luther King, Jr. Day</p> <p>Center Closed</p> 	<p style="text-align: right;">17</p> <p>9:00 Fit & Trim 9:00 Ceramics 9:00 Walking Group 10:00 Beg. Computers 10:00 Movie Tuesday "The Help" 10:00 Quilting 10:00 Gentle Yoga 1:00 Bingo 2:00 Beginning BOM 2:30 Canasta</p>	<p style="text-align: right;">18</p> <p>9:30 Oil / Acrylic Painting 9:30 Tai Chi 9:30 Haircuts 10:00 Internet 10:00 Chair Massage 10:00 Crocheting 11:00 Fitness Fun 11:15 Sit and Dance 12:00 Open Computer Lab 12:30 AARP Driver Safety 1:00 Bridge 1:00 Wood Carving 4:30 Welcome 2012 Dinner Party</p>	<p style="text-align: right;">19</p> <p>9:00 Fit & Trim 9:00 Wii Bowling 9:00 Walking Group 10:00 Quilting 10:00 Swedish Weaving 10:00 Gentle Yoga 11:00 Self Esteem 1:00 Bingo 1:00 Enhanced Fitness 2:00 Center Closing Early</p>	<p style="text-align: right;">20</p> <p>9:00 Tatting 9:30 Tai Chi 10:00 Harmonica 10:00 Ceramics 10:30 Leatherwork 11:00 Fitness Fun 11:00 Pinochle Lessons 12:30 Pinochle Tournament</p>
<p style="text-align: right;">23</p> <p>9:30 Tai Chi 9:30 Beg. Line Dance 10:00 Polymer Clay 10:00 Card Making 10:00 Int. Spanish 10:30 Int. Line Dance 11:00 Beg. Spanish 11:00 Pinochle Lessons 12:30 Pinochle Tournament 1:00 Advisory Council 1:00 Bridge 1:00 Enhanced Fitness</p>	<p style="text-align: right;">24</p> <p>9:00 Fit & Trim 9:00 Ceramics 9:00 Walking Group 10:00 Beg. Computers 10:00 Quilting 10:00 Gentle Yoga 11:00 Blood Pressures 11:00 Chase Away The Winter Blues 1:00 Bingo 2:30 Canasta</p>	<p style="text-align: right;">25</p> <p>9:30 Oil /Acrylic Painting 9:30 Tai Chi 10:00 Internet 10:00 Chair Massage 10:00 Crocheting 11:00 Fitness Fun 11:15 Sit and Dance 12:00 Open Computer Lab 1:00 Bridge 1:00 Wood Carving</p>	<p style="text-align: right;">26</p> <p>9:00 Fit & Trim 9:00 Wii Bowling 9:00 Walking Group 10:00 Quilting 10:00 Swedish Weaving 10:00 Gentle Yoga 11:00 Self Esteem 1:00 Bingo 1:00 Enhanced Fitness 2:00 Halloween Sampler 2:30 Canasta</p>	<p style="text-align: right;">27</p> <p>9:00 Tatting 9:30 Tai Chi 10:00 Harmonica 10:00 Ceramics 10:30 Leatherwork 11:00 Fitness Fun 11:00 Pinochle Lessons 12:30 Pinochle Tournament</p>
ADVISORY COUNCIL ELECTIONS ALL WEEK				
<p style="text-align: right;">30</p> <p>9:30 Tai Chi 9:30 Beg. Line Dance 10:00 Polymer Clay 10:00 Card Making 10:00 Int. Spanish 10:30 Int. Line Dance 11:00 Beg. Spanish 11:00 Pinochle Lessons 12:30 Pinochle Tournament 1:00 Bridge 1:00 Enhanced Fitness</p>	<p style="text-align: right;">31</p> <p>9:00 Fit & Trim 9:00 Ceramics 9:00 Walking Group 10:00 Quilting 10:00 Gentle Yoga 11:00 Does Health Effect Your Wealth 1:00 Bingo 2:30 Canasta</p>		<p>Please note: All activities are subject to change. Please see the front desk if you have any questions.</p>	<p>Lunch is served from 12:00 noon to 12:30 p.m. A donation of \$2.50 is greatly appreciated. Anyone under 60 must pay \$5.25 per person per meal.</p> <p style="text-align: center;">Thank You!</p> <p style="text-align: center;">Make reservations 24 hours in advance. Alternate meal available daily. Pick up tickets By 11:45 a.m.</p>